

# ABSTRACT

In an optical recording medium 1 having a configuration in which on one main surface of a substrate 2, a reflective layer 3, a lower dielectrics layer 4, a recording layer 5, an upper dielectrics layer 6 and a light transmissive layer 7 are sequentially laminated, the lower dielectrics layer 4 is formed of a first lower dielectrics layer and a second lower dielectrics layer that inhibits a material that constitutes the first lower dielectrics layer and a material that constitutes the reflective layer 3 from reacting, and the upper dielectrics layer 6 is formed of a first upper dielectrics layer and a second upper dielectrics layer that inhibits a material that constitutes the first upper dielectrics layer and a material that constitutes the light transmissive layer 7 from reacting.